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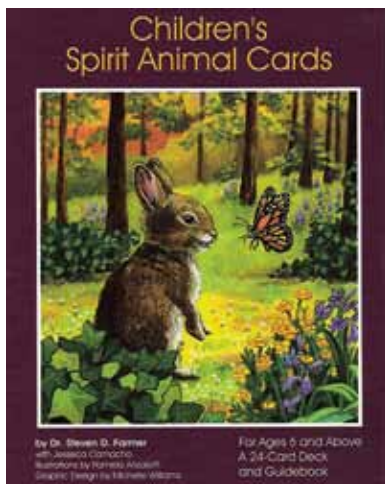
The Crazy Wisdom Kids Section



Great kid-relevant articles, reviews of books, music and dvds, and listings for upcoming events for kids.

Children's Book and Media Reviews

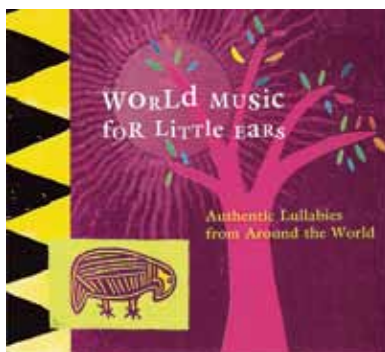
By Sarah Newland, mother of two (ages five and thirteen), devoted parent of Waldorf education, and Senior Manager and Buyer at Crazy Wisdom Bookstore.



Children's Animal Spirit Cards

By Steven Farmer, with illustrations by Pamela Anzalotti

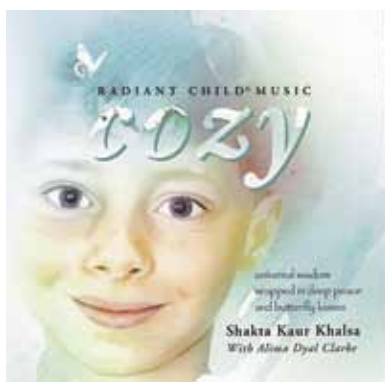
These simple, age-appropriate cards feature 24 spirit animals with corresponding messages that will provide easy to use guidance in your child's passage through childhood. The vivid images and profound messages offer daily teaching and comfort for children of all ages, but especially for kids ages six and above. The paintings are colorful and inviting, and the messages are succinct and inspirational; for example, the cougar card reads, "You can do it!" and the butterfly card reads, "Get ready for big changes." These words are simple messages kids can take in, and remind me of the best-selling Angel Cards, but with more words. A booklet for parents or older children comes with the deck. \$14.99



World Music for Little Ears cd: Authentic Lullabies from Around the World

Presented by Ellipsis Arts

This collection of lullabies from around the world will ease your little ones to sleep with gentle lyrics sung in the native tongues of Ireland, Brazil, Wales, Africa, Nova Scotia, Cuba, and more. It is a musical welcome to a world in which the sweetness of a parent's love is universal. The selections on this recording were gathered from the award-winning lullaby series produced by Ellipsis Arts, including Latin Lullaby, African Lullaby, Celtic Lullaby, and Brazilian Lullaby. \$12.98



Cozy cd: Radiant Child Music

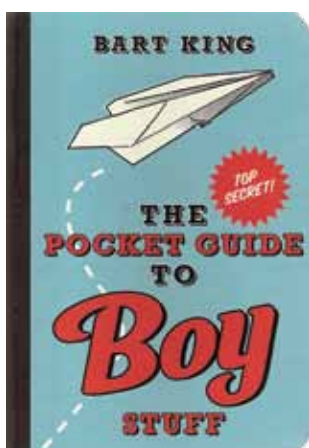
By Shakta Kaur Khalsa

For 30 years, Shakta collected and composed songs in her various roles with children – as a mother, Montessori teacher, and founder of Radiant Child Yoga. These loving songs have been joyfully crafted to speak to children on every level – body, mind, and spirit. Many of the chants are from the Kundalini Yoga tradition, with newly added words children can relate to. Other songs are traditional American folk tunes, with children sometimes singing along. *Cozy* is an accompaniment to her other children's cd, *Happy*. \$17.99



Magic Island Relaxation for Kids cd

This cd teaches children how to relax. Beginning with a playful tension-release exercise that loosens tight muscles and relieves physical stress, *Magic Island* directly engages the listener. With a background of peaceful music, the storyteller takes your child on an imaginary journey by hot air balloon to a magic island. Your child is encouraged to breathe deeply and quiet their mind, while emotions are soothed and imagination and creativity are expanded. 52 minutes. For ages 4 and up. \$16.95

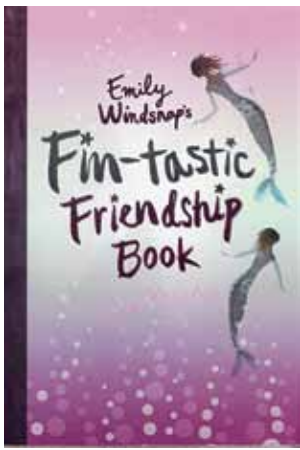


The Pocket Guide to Boy Stuff

By Bart King

This small book is super fun and enjoyable to read – even for parents! Written by a teacher whose goal it is to interest even the child who doesn't like to read, he includes experiments, activities, explosions, weapons, and gross stuff (my 12-year-old daughter went right to that section). Each entry isn't too long, and it's filled with great things to do. One hilarious thing I learned from this book: George Bush Sr. threw up on the lap of a Japanese prime minister in a Tokyo restaurant in 1992 – on television camera. The Japanese created a new word to honor the moment: bushuru – to vomit in a public place. \$9.99

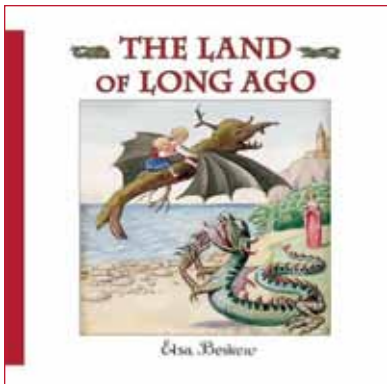
Children's Book and Media Reviews



Emily Windsnap's Fim-tastic Friendship Book
By Liz Kessler

Emily Windsnap and her best friend, Shona Silkfin, take you deeper into their world of mermaids and sea creatures, and offer tips and tidbits about their friendship. Based on the *New York Times* bestselling series, this is an activity book full of fin-tastic fun. From games and fill-in quizzes to crafts and stories, this book is packed full of pages to share with your best friend, including handwriting analysis, lists of favorite things, and how

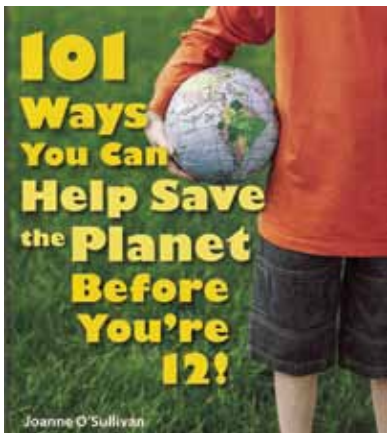
to make a friendship mobile. One thing I learned from this book: the Japanese believe mermaids cry pearls instead of wet, salty tears. \$5.99



The Land of Long Ago
By Elsa Beskow

This is a delightful fairy tale from pioneering author and illustrator Elsa Beskow of Sweden. Central themes in Beskow's books are the relationships between children and adults, and children's independent initiative. Her books are continually reprinted and are well-loved especially by Waldorf families. In this book, Kelly and Kai

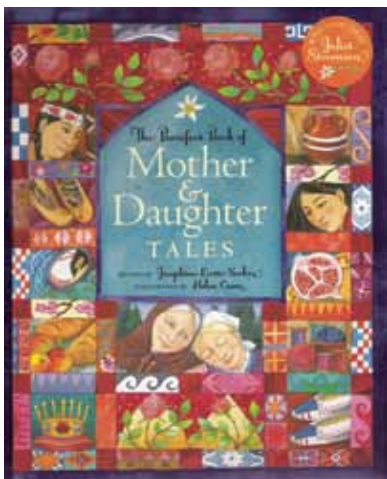
love to play around their favorite old tree. One day, a mischievous gnome brings the trunk to life, and the children are whisked off to the Land of Long Ago on the back of the old tree dragon, meeting a princess, knights, and the troll king along the way. \$17.95



101 Ways You Can Help Save the Planet Before You're 12!
By Joanne O'Sullivan

This book is wonderfully photographed with short entries on how to help make the planet thrive. It includes simple things all of us can do, such as litter-less lunches, green games, saving paper, eco-trips, saving energy, and helping animals. I think the book would be best for pre-teens and teens with a commitment to living eco-consciously.

One thing I learned from this book: use dryer lint as mulch in your garden! \$14.95



The Barefoot Book of Mother & Daughter Tales
Retold by Josphine Evetts-Secker with illustrations by Helen Cann

Meet mothers and daughters from different traditions around the world. These stories deal with themes that challenge and guide girls on their passage to womanhood. Drawing on the collective wisdom of many generations, this is a book for mothers and daughters to share and celebrate. Evetts-Secker doesn't shy away from

challenging issues, such as anger, jealousy, and hatred. Her goal is to help girls prepare and ready themselves for union with, and unity within, the cosmos. They also offer a global view of the planet, with tales from Greece, China, Germany, Russia, and Native cultures. Beautifully illustrated as Barefoot Books always are. \$21.99

BOOK SIGNING & TALK

With
Priscilla Warner
author of
LEARNING TO BREATHE

MY YEARLONG QUEST TO BRING CALM TO MY LIFE

THURSDAY
February 9th at 7PM

BREATH
Crazy Wisdom Tea Room



More Than a Class
Research based program nourishes your child's brain & affects total development.

Instrument Exploration

Mixed Age Classes
Birth - 5

\$30 Discount
For New Families

Baby and You

A Special Class for Baby and the Grown-Ups Who Love Them...

A warm, gentle, nurturing environment of activities to support your daily routine.

Together we will bounce, play instruments, listen, rock, folk dance, share hugs & laughter.

The More We Get Together
Nurturing Relationships Through Music, Play, Books & Art
A Resource & Activity Guide

Staff Development
Concerts and Assemblies
Pre-K - 2nd Grade

Gari Stein

garistein@aol.com
www.little-folks-music.com
ph/fax 734-741-1510

Tea with the Fairies at Crazy Wisdom

Thursday, February 23 with
1:00 and 4:00 p.m. seatings.

Mother's Day Fairy Tea
Sunday, May 13 at 1:00 -

Children and their families are welcome for tea and petits fours served by real-life fairies! Celebrate with our magical fairies as they serve tea, treats, and magic.

There will be storytime from books available from Crazy Wisdom Bookstore. Fairy attire is encouraged.

Be creative! \$11 per person. Tickets are available by stopping in to Crazy Wisdom or by phoning prior to event.

Babies 18 months and younger free. For information, call 665-2757; christina@crazywisdom.net or crazywisdom.net.

