

# Teachers, Lecturers, Workshop Leaders and the Centers

## Spotlight on Paul Quinn, Author of *Tarot for Life: Reading the Cards for Everyday Guidance and Growth*

(Paul Quinn is the author of *Tarot for Life: Reading the Cards for Everyday Guidance*, which was published by Quest Books in 2009, and is currently in its second printing. Paul is also a teacher and professional intuitive coach and has presented programs for the Swedenborg Library, Chicago Spiritual Advisory Council, Institute for Noetic Sciences, and the Theosophical Society of America, in addition to Unity churches and bookstores. He will be appearing in the Crazy Wisdom Tea Room on Sunday, October 17<sup>th</sup> at 12:30 pm for a book signing and talk, followed by a workshop at 2pm in our meeting room.)

**Rachel Pastiva:** On your website, [www.thespiritedlife.com](http://www.thespiritedlife.com), it mentions that you picked up your first Tarot deck in 1998, and began reading for clients in 2000. What did you discover in using the Tarot that inspired you to make it a part of your practice?

**Paul Quinn:** I felt a deep rapport with the cards. Here were pictures with great vitality that symbolized the truths of the world's mystical traditions, which have always intrigued and guided me. The Tarot also presented a wonderful way to explore archetypal psychology, which has helped me to understand myself and the world symbolically and therefore more objectively.

**Psychic and author Sonia Choquette is quoted as saying "Paul doesn't teach the Tarot, he teaches you how to channel the Tarot." Do people have to have known psychic abilities to use Tarot effectively?**

**Paul Quinn:** A person doesn't have to identify as "psychic" to read the cards. But I think the most skillful -- and happiest -- card readers tend to be good listeners, thoughtful students of life, and attracted to symbols and dreams. We have to be intimate with our inner life in order to understand the messages of the cards; that's a psychic process, though not necessarily one practiced by psychics.

**How do you describe Tarot to people who may have misperceptions about it, or are not familiar with it?**

**Paul Quinn:** I tell them the Tarot is like having their own portable life coach, an ally that can help them identify opportunities, navigate the rough spots, and see themselves and others with greater compassion and possibility. A lifelong intuitive tool to access unconscious wisdom.

**What can people expect from your book event and workshop at Crazy Wisdom on Sunday, October 17th?**



Author Paul Quinn will be at Crazy Wisdom on Sunday, October 17th. He loves working with Tarot cards. They are "pictures with great vitality that symbolize the truths of the world's great mystical traditions."

**Paul Quinn:** I'm going to share some stories from the book, and have audience members pull cards from my Tarot deck. We'll discuss only those cards pulled by the audience. In the workshop which follows, I'm going to teach a few of my favorite spreads and lead participants in exercises designed to help them *feel* the cards, going beyond the intellect. Beginners as well as more experienced readers will benefit. Please join us!

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(Paul Quinn can be reached at [paulquinn@thespiritedlife.com](mailto:paulquinn@thespiritedlife.com). His website is [thespiritedlife.com](http://thespiritedlife.com))

**John Dear**, SJ, was recently nominated for the Nobel Peace Prize by Desmond Tutu. A Jesuit priest, pastor, peacemaker, retreat leader, and lecturer, he is the author/editor of 25 books on peace and writes a weekly column for The National Catholic Reporter.

**Christy DeBurton**, RYT, has been teaching yoga since 1998. She has trained at the Omega Institute for Holistic Studies in New York and the Center for Yoga in Michigan.

**Deep Spring Center for Meditation and Spiritual Inquiry** is a nonprofit organization devoted to offering teachings of non-duality and the meditation practices that support those teachings. Barbara Brodsky is founder and guiding teacher.

**Cathy DeLauter** is an ordained Interfaith non-denominational minister and spiritual teacher/life coach.

**Yael Dolev** is a food coach with a Mediterranean background.

**Anne Duffy** specializes in scientific intuitive nutritional assessments. She is a spiritual life coach, herbalist, and holistic health advisor.

**Kate Durda**, MA, and **Stephanie Tighe**, MSW, have worked with Sandra Ingerman extensively and have completed her MFE Teacher Training to present shamanic work, as well as her two-year Teacher training program.

**Diane Evans** has specialized in the areas of interpersonal and intra-personal communication for over 30 years. She has done intuitive/psychic readings and counseling since 1995. She maintains a private practice, offers intuitive/psychic readings in the Crazy Wisdom Tea Room, facilitates the Intuitive Heart Discovery Group Process, and works part-time at Crazy Wisdom Bookstore.

**Mara Evans** holds a Masters in Transpersonal Psychology with specialization in Spiritual Psychology as well as Organizational Development.

**Janet Farnsworth** and **Laney Goodman** have been building community in Boston for years. Janet is a dance master and psychologist; Laney is a ceremonial chanter and drummer.

**Linda Diane Feldt** is a local author, teacher, and private practitioner since 1980. Her work provides an integrated approach to holistic health care, primarily utilizing cranialsacral therapy, polarity therapy, massage, and herbology.

**Francisca Fernandez** was raised in Puerto Rico and has degrees from Notre Dame, Maryland. She has over 25 years experience in the food industry, working in Latin America and Europe. She owns the New Chelsea Market with her husband.

**Bon Rose Fine**, a student of astrology since 1993, offers consultations, teaches, lectures, and continues to learn about how the condition of the universe correlates to circumstances here on earth. She serves as president of SMART, a chapter of NCGR (National Council for Geocosmic Research).

**Sandra Finkel**, MPH, is manager of UM Cardiovascular Medicine at Domino's Farms Stress Management Services and is a stress management specialist with over 25 years teaching meditation and mind/body techniques. Sandra teaches group stress management classes and provides individual coaching and owned a life coaching business for nine years focused on corporate wellness.

**Kathi Finney**, a Reiki master, has extensive experience with meditation, crystal healing, intuitive healing, and women's empowerment with advanced training in Esoteric Healing.