

Teachers, Lecturers, Workshop Leaders and the Centers

A2YP.TV is a Washtenaw County-based internet TV station focused on bringing increased exposure to the businesses, culture, and people of Washtenaw, to the people of Washtenaw, and the world. A2YP.TV is a wholly owned subsidiary of Dark Elf Entertainment, Inc.

Aaron is a "spirit who has been a Buddhist monk and scholar in previous lifetimes and is a being of great love, compassion, wisdom, and gentle humor. In his final lifetime, he was a Vipassana meditation master in the Theravadin tradition", channeled by Barbara Brodsky.

Betsy Adams has provided more than 30 years expertise with animal friends to kennels, veterinary clinics, and individuals to assist animals and their companions.

Aikido Yoshokai Association of North America is a non-profit educational corporation established by Takashi Kushida-sensei, and is dedicated to teaching Yoshokai Aikido and educating the general public about Aikido in particular and Japanese Budo in general.

Don Allen is a musician, teacher, and practitioner of esoteric healing arts. He is a trained Health Rhythms Facilitator and Drum Circle Facilitator, and teaches classes in culturally specific drum rhythms at the college and high school level.

Christine Allyson is a life coach and author of *So You Want to Make a Change?* She is a certified hypnotherapist and speaker with over 25 years experience as an expert on change and transformation.

Andrew Anders is a registered IARP Reiki Master Teacher in the Usui Shiki Ryoho system.

Ann Arbor Institute of Massage Therapy instructors are highly trained to assist each student on an individual basis. All belong to a massage therapy organization and are certified by the National Certification Board for Therapy Massage and Bodywork, which requires ongoing continuing education.

Ann Arbor Kirtan has been chanting together for four years, comprised of both professional musicians as well as those with a strong foundation in the Kirtan practice.

Ann Arbor Open Meditation leaders are experienced meditators and include Libby Robinson, Becky Freligh, Brodie Burris, Frank Anderson, Frank Levey, Diana Gonzalez, and Paul Najjar.

Asian Martial Arts Studio originated in 1970 and strives to teach the martial arts tradition as a living art form by continuing to evolve and serve as an expression of the development of the practitioners.

Leland Austin, MA, is a Certified Advanced Rolfer practicing Roling for over 25 years. He studied Bodydynamics, a body oriented psychological work from Denmark, for five years and has been a student of the Diamond Approach for 12 years.

Carol Austad, MD, is a board certified child, adolescent, and adult psychiatrist who has taught all aspects of development to teachers, parents, residents, candidates, and other mental health workers.

Ann Barden has been practicing Vipassana and teaching for many years, and trained with Barbara Brodsky of Deep Spring and Matthew Flickstein of Forest Way.

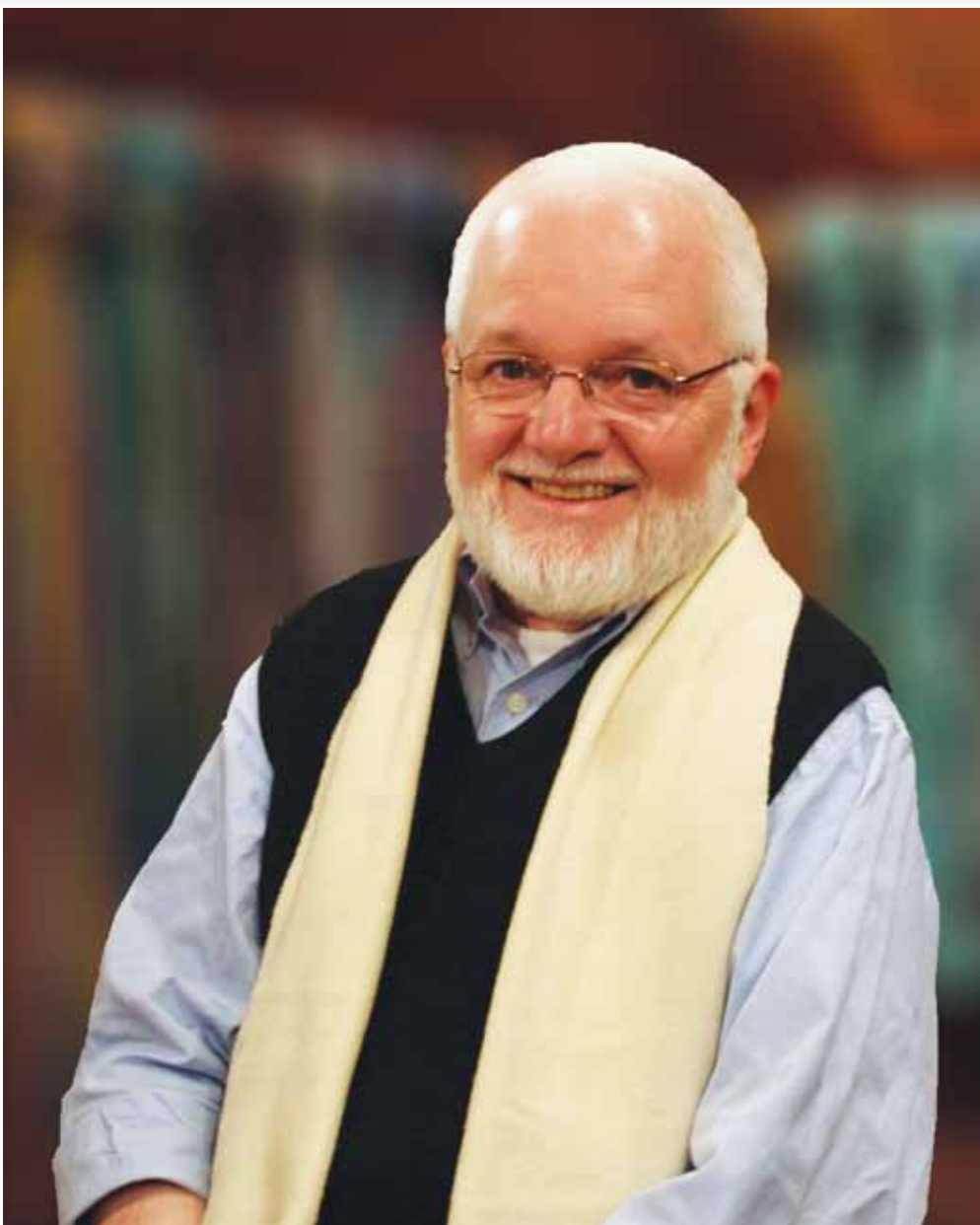


Photo by Carol Karr

Jonathan Ellis

For the past fifteen years, Jonathan Ellis has been a "spiritual director" who talks with people regularly each month, in person or by phone, to support their individual spiritual journey. Jon says, "I've read that if you do something 10,000 times, you may be ready to teach it. I've now given that number of spiritual direction sessions, so I am mentoring others who are ready to become spiritual directors." See jonathanelis.org. Once a part-owner of Crazy Wisdom Bookstore, Jon will lead our monthly book discussion on Friday, March 11th. (See the Book Discussions section of the Calendar, on page 73.)

Barony of Cynnabar is the local chapter of the Society of Creative Anachronism, an international non-profit educational organization that researches and recreates the art, sciences, and technology of the Middle Ages and Renaissance.

Sandy Baumann, MS, is a wellness educator, writer, and former chemistry teacher.

Jennifer Beard has a Culinary Arts degree, is a Certified Nutritionist, and a Master Herbalist. She has created specific diets and menus with nutritional guidelines for over 20 years.

Deanne Bednar has been a teacher since 1968 with a Masters in Social Ecology, and is a trainer in sustainable skills, including earth ovens, strawbale construction, earth plasters, and thatching.

Christopher Bednash is a local goofball who, when not working at Crazy Wisdom Bookstore or the Ann Arbor District Library, uses creative projects to foster peace, justice, and ecological wisdom.

Rev. Dave Bell was trained in the Unity tradition and later ordained as an Interfaith minister at the New Seminary in New York State.

Janine Bennett completed her yoga teacher training at the White Lotus Foundation in Santa Barbara, and teaches yoga at Inward Bound, Matthaei Botanical Gardens, The Health and Fitness Center at WCC, and the Saline Senior Center.

Bikram Ann Arbor yoga teachers are all certified by Bikram.

Sherrill Black is an LPN and IBCLC.

Dawn Blackburn, RN, is a mother of two children.

Laurie Blakeney is an advanced certified Iyengar yoga instructor, has been teaching in Ann Arbor since 1977, and is a personal student of B.K.S. Iyengar.

Jill Blixt is a creativity and life coach, motivational speaker, and working writer/artist. Her career has included 20 years as an owner/creative director of an advertising agency and seven years as co-founder of an art gallery in Ann Arbor.

Carol Blotter has been practicing Insight Meditation since 1989 and has been teaching since 1999. She is a teacher in The Forest Way, an organization dedicated to providing retreat opportunities conducive to spiritual growth, and is a teacher at Deep Spring Center.

Kathy Blough, PsyS, LLP, is a psychotherapist who has been practicing for 20 years. She is currently pursuing her PhD in mind-body medicine.

Susan Bloye brings over 20 years experience teaching art and Tai Chi. She has a BFA from the UM School of Art and an M.Ed. in Art Education from Wayne State.

Body-Mind-Spirit Wellness Center is proud to be a home to alternative practitioners. Instructors, counselors, and therapists use the center to share their expertise and knowledge with the community.

Michele Bond has a strong background in martial arts, dance, and competitive synchronized swimming, along with training in gymnastics, stunt fighting, and swordplay. Her practice of yoga began in her teens and continues to unfold under the constant inspiration of her teacher, John friend, the founder of Anusara Yoga.

Dena Bowen is a Nationally Certified Bowen practitioner since 2008 and is a graduate of Univ. of MI.

Kathy Brady is a licensed, certified Signing Smart instructor and teaches beginning and intermediate baby sign language classes at Lamaze Family Center.

Breastfeeding Center of Ann Arbor, LLC, offers comprehensive and professional support services for breastfeeding mothers and babies, including private consultations onsite or in your home with Barbara Robertson, support groups, and breastfeeding-related retail, including slings, pumps, and nursing bras for women of all sizes.

Patty Brennan, director of Center for the Childbearing Year, has been an advocate for childbearing families for nearly 30 years as a childbirth educator, doula trainer, midwife, and author.

The background information listed here pertains specifically to individuals and centers whose classes and workshops and events are listed in this current issue of the Crazy Wisdom Calendar. If you are a holistic/spiritual/psychological growth practitioner in the area, but you don't regularly lead classes or workshops, you can still be listed in our Holistic Resource Guide on the Web. Go to AnnArborHolistic.com.

Teachers, Lecturers, Workshop Leaders and the Centers

Barbara Brodsky is founding teacher of Deep Spring Center and has been practicing meditation since 1960. Teaching since 1989, she draws on dual roots in the Buddhist and Quaker traditions. She became totally deaf in 1972 and is channel for the spirit, Aaron.

Lorna Brown has been presenting seminars and workshops in relaxation, meditation, altered states, metaphysics, and the spiritual journey since 1972. She is a Melchizedek priest, spiritual coach, and healer, and teaches workshops that emphasize transformation and integration, and performs personalized wedding ceremonies.

Amy Brusca is a mother of three children, former elementary school teacher, practicing yoga instructor, and massage therapist.

Patricia Burbank, MA, LPC, is a Licensed Professional Counselor in private practice at Essential Energies.

Karen Caruso is a certified Natural Health Educator, herbalist, and student at the Naturopathic Institute of Therapies and Education.

Kapila Castoldi has studied meditation under the guidance of Indian spiritual teacher Sri Chinmoy for 25 years and is head of the Sri Chinmoy Centre of Ann Arbor.

Anasatasia Catherine is an ordained minister from Circle Sanctuary in WI who provides a glimpse of how a crone looks at the world through Wiccan eyes. **Lara Joseph** is a writer who helps bridge the mundane world with the world of the spirit.

Center for the Childbearing Year offers contemporary birth preparation, comprehensive breastfeeding support, DONA International birth and postpartum doula workshops leading to professional certification, continuing education contact hours for nurses, holistic approaches and a focus on prevention, support groups, lending library, and community as well as online resources.

Carol Clarke is a Melody TAOMCHI Master Crystologist and Usui Reiki Master.

Rev. Lorri Coburn, MSW, practiced psychotherapy for 25 years. She is the author of *Breaking Free: How Forgiveness and A Course In Miracles Can Set You Free*.

Stefania Cohen, Registered Somatic Movement Educator, leads movement workshops and classes and works individually with private clients across the country. She is the owner and manager of SOMA: Studio of Movement Arts in Kerrytown.

Laura Cowan is a blogger (29Diapers.com) and author of *Ecofrugal Baby: How to Save 70% Off Baby's First Year* with a background in book and magazine publishing. She lives in Ann Arbor with her husband and 1 1/2 year old daughter.

Dorothy Ann Coyne has been a student and practitioner of yoga and meditation since 1971. Mother of four and grandmother of five, she is a certified Kripalu Yoga teacher and senior teacher of meditation for Deep Spring Center.

Judy Crookes is a conscious channel who brings through the energy of Jacob, who has the ability to love and empower people through group work, meditation, ceremony, and personal intensives. Jacob has written many articles and has been published in *The Sedona Journal of Emergence*.

Wise Woman Karen Daniels has been a facilitator of women's circles for many years.

Christy DeBurton, RYT, has been teaching yoga since 1998. She has trained at the Omega Institute for Holistic Studies in New York and the Center for Yoga in Michigan.

Deep Spring Center for Meditation and Spiritual Inquiry is a nonprofit organization devoted to offering teachings of non-duality and the meditation practices that support those teachings. Barbara Brodsky is founder and guiding teacher.

Cathy DeLauter is an ordained Interfaith non-denominational minister and spiritual teacher/life coach.

Ronda Pretzlaff Diegel, PhD, LP, E-RYT, is a licensed psychologist, Enneagram teacher, yoga teacher, and co-founder of the Michigan Enneagram Center.

Yael Dolev is a food coach with a Mediterranean background.

Domo Geshe Rinpoche teaches how we can end our self-created suffering and awaken deep compassion and wisdom. While being rooted in the Tibetan Buddhist tradition of transformative meditation, her teachings are skillfully adapted for Western students, with lots of humor.

Kate Durda, MA, is a core shamanic practitioner, esoteric healer, educator, and developmental psychologist. She is co-founder of Spirit Weavers, an organization dedicated to providing experiential training in shamanism and offering shamanic healing, locally and long distance.

Dori Edwards is a seasoned fitness/dance instructor with ten years teaching experience.

Adrienne Eliseo offers hand readings through Handiworks Hand Reading.

Nancy Emmert is a spiritual teacher and coach specializing in human design, emotional integration techniques, and other modalities that empower people to understand and live their full potential.

Clayton Eshleman's work has been published in over 500 literary magazines and newspapers. He is recipient of the National Book Award in 1979 for his co-translation of Cesar Vallejo's *Complete Posthumous Poetry* and is now Professor Emeritus at EMU.

Diane Evans has specialized in the areas of interpersonal and intra-personal communication for over 30 years. She has done intuitive/psychic readings and counseling since 1995. She maintains a private practice, offers intuitive/psychic readings in the Crazy Wisdom Tea Room, facilitates the Intuitive Heart Discovery Group Process, and works part-time at Crazy Wisdom Bookstore.

Durstyne Farnan, OP, is a Dominican Sister of Adrian presently serving the order as admission director.

Patricia Fero, LMSW, is a psychotherapist in Ann Arbor and author of *What Happens When Women Wake Up* and the newly published *Sisters Stewarding the Shift*.

Deb Figiel became certified in 2007 and is now a RYT 500. She is also a member of the International Association of Yoga Therapists and Michigan Yoga Association.

Sandra Finkel, MPH, is manager of UM Cardiovascular Medicine at Domino's Farms Stress Management Services and is a stress management specialist with over 25 years teaching meditation and mind/body techniques. Sandra teaches group stress management classes and provides individual coaching and owned a life coaching business for nine years focused on corporate wellness.

Believe, when you are most unhappy,
that there is something for you to do in
the world. So long as you can sweeten
another's pain, life is not in vain.

- Helen Keller

Lori Fithian is founder and creator of Drummunity and has been facilitating drum circles and rhythm workshops since 1998. A student of the drumming tradition for 20 years, her teachers include Arthur Hull and Barry Bateman. She has made a career out of her passion for building community by bringing people together to drum.

Jennifer Flowers-Gutman is a Reiki Master and teacher since 2003, and is a massage therapist and mother of five children.

Christine Fodor is a Reiki Master and teacher, and an experienced facilitator of meditation and Emotional Body Healing, and Cranial Sacral Therapy. She is a wellness practitioner and spiritual, intuitive life coach and has been leading New Moon Meditation since 2007.

Deb Foggio, owner of The Center for Integrative Well Being, is an intuitive life path consultant who uses her talents and experience in a variety of ways, assisting people in discovering, developing, and living lives of purpose and prosperity. She is also a Systemic Constellations facilitator and Bach Remedy consultant.

Marcella Fox, Master's degree in Social Work, studied shamanism in Peru, Canada, Hawaii, and the U.S. She is also a Reiki Master and certified in Hypnotherapy.

John Friedlander is an internationally acclaimed psychic, author, and teacher with degrees from Duke Univ. and Harvard Law School. He has studied with Jane Roberts in her Seth class and at the Berkeley Psychic Institute. His workshops are based on his book co-written with Gloria Hemsher, *Basic Psychic Development: A User's Guide to Auras, Chakras, and Clairvoyance*.

Erin Fry, RScP, is a licensed Practitioner with the United Centers for Spiritual Living. She has been teaching Science of Mind classes and providing spiritual counseling since 2007.

Melanie Fuscaldo, LPC, NCC, is a life coach whose mission is to help individuals live their dreams and enhance their happiness using the wisdom of body, mind, and spirit.

Photographers Wanted

To take pictures for *The Crazy Wisdom Journal*... Wonderful exposure. It's also fun and interesting to meet the people we take photos of: healers, authors, bodyworkers, psychics, professors, holistic and spiritual types, and other fringe elements! For more information, contact Bill Zirinsky at bill@crazywisdom.net or call him at the store at 734-665-2757.

Writers/Journalists/Interviewers Wanted

The Crazy Wisdom Community Journal is seeking journalistic articles, fiction and non-fiction stories, personal essays, commentary, thought pieces, and interviews with interesting people in the wider holistic community. For more information, or to suggest story ideas, contact Bill Zirinsky at bill@crazywisdom.net or call him at the store at 734-665-2757.



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Cia Gabriel, PhD, is the mother of three small children and a medical anthropologist. She teaches at EMU, has studied birth cross-culturally, and works as a doula and childbirth educator in southeast Michigan.

Edwene Gaines is an ordained Unity minister since 1979, is president of The Masters School, and has trained over 400 Master Prosperity teachers. She has served as member of the International New Thought Alliance Executive Board and travels approximately 250 days per year teaching workshops on prosperity, commitment, and riches.

Reverend Carol Gallentine is owner of Body Links. She is also an Upledger CranioSacral, SomatoEmotional, Water, and Massage Therapist. She is also a Certified Tai Chi for Diabetes Instructor.

Lois Gannon, SYT, MSW, is a trained yoga teacher and social worker, and has been a dedicated student of yoga for over ten years.

Amy Garber is a medium, psychic, and channel studying with spiritualist Shala Kilmer since 1992. She is a second level Reiki practitioner, founding member of Center of Light Spirituality Center in Oxford, MI, and is on the Board of Trustees of the Interfaith Center in Ann Arbor.

Argue with anything else, but
don't argue with your own
nature.

- Philip Pullman

Bronwen Gates has a PhD in Botany and has been working with the healing gift of flower essences for over 30 years. She has admired the flowers of the woodlands, fields, and gardens since her childhood in England.

Marie Gates, MA, has taught college psychology and has researched reincarnation for the past 30 years. She is associated with Rescue Rangers Opes.

Gateways Center for Life Enrichment is a spiritual and holistic educational organization providing an eclectic variety of avenues with which to explore the body, mind, and spirit. The Center offers ritual and ceremony, workshops and seminars, and health oriented classes and services.

Cindy Gault, LMSW, ACSW, is a psychotherapist in private practice, specializing in eating and body image issues, and has been a student of Geneen Roth for 11 years.

Gemini is Laz and San Slomovitz of Ann Arbor. They have been performing nationwide in schools, concert halls, and festivals for over 30 years.

Jennifer Giacomelli received certification from Desert Institute of Healing Arts in 1997, worked at the renowned resort/spa Miraval, and became certified in Nuad Bo-Rarn Thai massage in Thailand.

Aura Glaser is a teacher and co-founder of Jewel Heart. She is the author of A Call to Compassion: Bringing Buddhist Practices of the Heart into the Soul of Psychology. She holds a PhD in clinical/depth psychology from Pacifica Graduate Institute and maintains a private psychotherapy practice. She is also a practicing astrologer and the creator and original owner of Crazy Wisdom Bookstore.

Curtis Glatter is a composer, improviser, and percussionist. In the past six years, he has been an invited guest to Edgefest Ann Arbor, Big Sur Experimental Music Festival, and Spring Reverber.

Nanette Glencer is a MS, Ed.

Ray O. Golden, MSE, Reiki Master, founder of Center for Intuitive Health, taught Reiki, energy healing, and intuitive development classes for people and animals. He studied psychic development for over 25 years, and also studied quantum reflex analysis, enersense, Reiki jin-kei-do, esoteric healing, nutrition, touch for health, channeling, shin ji, and zero point process therapy. He was a beloved teacher and, sadly, died in November, 2010.

Laura Goldsmith has a Masters Degree in Education and is a Reiki Master, Shamanic practitioner, and trained intuitive.

Dana Gramprrie, RN, MA, is a Certified Conscious Relationship Coach through the Hendricks Institute.

Jocelyn Granger is director and founder of AAIMT. Since 1982, she has had extensive training in various massage modalities, including Myofascial Therapy, Neuromuscular Therapy, and Sports Massage, and instructs advanced courses across the country.

Melissa Gratzinger, LLPC, is a licensed and nationally certified professional counselor and certified mandala MARI practitioner.

Great Lakes Center for Healing Touch student training clinic is a nonprofit organization dedicated to providing the benefits of Healing Touch to the community at a reasonable rate and assisting students of Healing Touch to become practitioners.

Karen Greenberg has been travelling throughout the U.S. teaching the practical applications of Kabbalah for over a decade. She has a degree in physical therapy and has danced professionally.

Linda Greene, RPP, has been a Polarity therapist for 12 years. Her work synergizes energetic bodywork, spirituality, the energy focusing power of crystals, and the nerve plexus, neuro-linguistic transformations of Emotional Freedom Technique.

Shirley Grey is a longtime student in astrology with a particular interest in Horary. She has taught courses at the LCAS since 1998, including Horary, financial, and mundane.

Nirmala Nancy Hanke is a longtime meditator and teacher of meditation at the Lighthouse Center in Whitmore Lake. She is a psychiatrist who integrates meditation, Reiki healing, and other spiritual practices with psychotherapy.

Su Hansen is a certified Enneagram teacher in the Narrative Tradition, a psychotherapist, and founder of The Enneagram Center of Ann Arbor.

Stephen Harrigan originally studied with Phil Ho, and has been teaching and learning Yang Family Tai Chi Chuan for about 35 years.

Craig Harvey has been leading peace meditations and world healing vigils since 2001, many of them for 24 hours. He hosts the Peace Generator at the Interfaith Center.

Linda Simran Harvey is certified in Quantum Energetics Disciplines and has studied astrology since 1973.

Margaret Heinz, OP, a Dominican Sister of Adrian, served for 23 years as Chaplain/Director of Pastoral Care at Ravenswood Hospital in Chicago.

Charene Henderson is a clairvoyant medium, Reiki I, and Sacred Triad healer. She has a Bachelors in Business Administration and a Masters of Science Degree with a focus in Human Resources Management.

Cathy Holland, RN, BS, IBCLC, is a holistic women's health nurse.

Carrie Honore, RYT, is a massage therapist and trained prenatal yoga teacher.

Nina Howard is a facelift massage specialist, facelift massage master trainer, massage therapist, paramedical esthetician, licensed esthetician, polarity therapy practitioner, artist, and interior designer. She owns and operates Bellanina Day Spa and Bellanina Institute.

Connie Humphreys has years of experience in prayer and meditation.

Dennis Hunt participated in three seminars through the Integral Institute and has read most of Ken Wilber's work.

Huron Valley Aikikai is a community of martial arts practitioners who have been training continuously since 1988.

Karen Husby-Coupland of Harmony Yoga of Ann Arbor is a certified Iyengar Yoga teacher. She has taught since 1999 and has been practicing yoga since 1993.

Reverend Lela Iduna started her spiritual training at the Center of Light in New Haven, CT in 2004. She is now a priest at the center in Ann Arbor and a full time emergency room physician.

Lisa Inoue, LMSW, is a psychotherapist in private practice at Ann Arbor Consultation Services where she sees children and families with a variety of mental health issues.

Interfaith Center for Spiritual Growth is a New Thought congregation.

Inward Bound Yoga is a seasoned community of trained, experienced, longtime yoga instructors who teach at Friends Meeting-house in Ann Arbor.

Jacob is a being of light channeled by Judy Crookes since 1996.

Tori Johnson has been practicing ballet for over 11 years.

Twesigye Jackson Kaguri is a native of Uganda actively involved with nonprofit organizations since 1992. He co-founded Human Rights Concerns to help victims of human rights violations in Uganda. He came to the U.S. eight years ago as a visiting scholar studying Human Rights Advocacy at Columbia.

Shaqe Kalaj is a creative coach, teaching artist, and artist.

Jim Kiefer holds a Masters degree of Divinity. For the last 23 years, he has been in ministry to Lay Ecclesial Ministers as well as encouraging vocations to ministry throughout the six county area of the Archdiocese of Detroit.

Jillian Kerry is a twice-certified Life Coach through Coach Training Alliance and Parent and Coach Academy, and also a certified NCGR Level 2 astrologer.

Shala Kilmer teaches development classes and offers private readings for an international clientele.

Martha Kimball, ACSW, BCD, MBCT, has specialized training in mindfulness meditation, family systems, and Logotherapy, and is a clinical medical social worker for over 20 years. After 23 years working at UMHS, she continues to teach meditation and see clients in private practice.

Carole Kirby, LMSW, has 30 years experience as a therapist, coach, and inspirational teacher. She is a certified Imago therapist and workshop presenter specializing in couples therapy, but also works with individuals and families.

Daniel Kirksey is a former Harlem Globetrotter and retired Physical Education instructor who has been teaching Tai Chi for WCC for over 10 years.

Dave and Pat Krajovic are Certified Transformational Breath Facilitators and Senior Trainers, and are Nationally Certified Massage Therapists with training in Craniosacral Therapy, Pranic Healing, and Esoteric Healing.

Linda Kreger, PhD, has a deep educational and experiential background in Educational Psychology and Early Childhood and consults with individuals, and early childhood, school, and other agencies in Ann Arbor.

Adam Kripke is a tea connoisseur.

Rajiv Kumar is a third generation Ayurvedic practitioner with many years experience in India and is also a Su-jok Acupressure therapist and Reiki Grand Master.

Frank Levey is a certified Transformational Breathwork facilitator. He is also a meditation instructor and nature/wilderness skills educator through his Blue Turtle Nature Camp in Ann Arbor.

The Lighthouse Center in Whitmore Lake is a nonprofit spiritual organization devoted to meditation and ahimsa, loving in peace with all beings. The Center makes monthly donations to others in need, including the Whitmore Lake Health Clinic and Sasha Farms in Manchester.

Ellen Livingston is a raw foods expert and yoga teacher.

Rev. Thomas Lumpkin is facilitator of Dorothy Day House in Detroit.

Linda Makowski, MSW, E-RYT, is owner of Namaste Yoga in Royal Oak and director of Namaste Yoga Teacher Training for the last eight years.

Sara Martens is the admissions and academic coordinator at Ann Arbor Institute of Massage Therapy and also a graduate.



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Martial Arts Advantage: Ann Arbor's Family Fitness and Martial Arts Center trains people of all ages in a teaching form of Ninjutsu known as Ninpo Taijutsu, emphasizing natural movement and realistic responses to attacks.

Robert Martin, LMSW, MA, is a psychotherapist in private practice at Ann Arbor Consultation Services where he sees children and families with a variety of mental health issues.

Chris Matthias is the Coordinator of Justice and Peace and Corporate Responsibility for the Adrian Dominican Sisters and is a longtime supporter of the local food movement.

Patricia McCarty, OP, a Dominican Sister of Adrian, served for 14 years as Pastoral minister/counselor to U of D - Mercy students and later served the congregation as Development Director.

Jane McLaren, founder of Avastar International Institute, is a facilitator, teacher, healer, and Avatar master. Her work includes Systemic Family Constellations, esoteric energy healing, nutrition, and Avatar.

Raymond McDaniel's first book, *Murder (a Violet)*, won the National Poetry Series competition.

Jane McLaren is a Systemic Constellation Facilitator, Licensed Avatar Master, energy healer, and founder of Avastar International Institute.

Phil Meade studied astrology with Millie Melichar and Win Rose and attended classes at LCAS, and is member of the International Society for Neoplatonic Studies.

Sandy Meade has a great interest in the stars and Vastu.

Michigan Friends Center in Chelsea seeks to promote environmental stewardship and social justice.

Marilyn Migliore, MS, RD, ACSW, BCD, is a registered dietician and board certified diplomat in clinical social work who has treated a wide range of patients struggling with eating and weight disorders for more than 30 years.

Richard Miller has studied under Gao Dao Shan in Taiwan, Adam Hsu in San Francisco, and He Jinbao in China, and has over 30 years training.

Rev. Charles Morris is pastor of St. Christopher Church in Detroit.

Becca Morse, mother of two, is trained in infant spinal development and how various baby wraps and carriers encourage proper growth.

Esther Morton-McCormick is a teacher of acupressure and Chinese Medicine with experience in aromatherapy product development.

Robert Mouton is a self-taught musician and writer.

Annette Mullett, MD, completed her residency in Emergency Medicine in Akron, Ohio. After practicing traditionally for 15 years, she has devoted the past eight years to learning other healing modalities. She is certified in feng shui and qigong, and is a holistic health consultant.

Teresa Myers is a licensed Blue Belt Nia instructor, certified 5 Stages Healer who has been practicing Nia for five years.

Katie Nadig has a teaching background and is a mother of three. She is a certified car seat technician.

Irena Nagler is a director and performer with Nightfire Dance Theater and has facilitated community dance events since 1987. As a student and lover of earth energy and mysteries, she has been practicing intuitive readings since childhood and has recently begun to offer them professionally.



Ray Golden

1941 to 2010

— Engineer, Reiki Master and Intuitive —
Friend to Animals and Humans

Donna Nardone is an astrologer with over 30 years experience in teaching and practicing in the psychic arts. She offers astrological readings, tarot, handwriting analysis, and psychic readings.

Joy Naylor is a certified feng shui practitioner and professional interior designer and art consultant.

Michael Nelson is professor of environmental ethics at MI State Univ. where he holds a joint appointment in the Lyman Briggs College, the Dept. of Fisheries and Wildlife, and the Dept. of Philosophy. He is coeditor of *The Great New Wilderness Debate* and coauthor of *American Indian Environmental Ethics*.

Sondra O'Donnell, RYT 500, is a certified Registered Yoga Teacher and Yoga Therapist, and runs the Sun Moon Yoga Teacher Certification Program recognized by the Yoga Alliance.

Helen Palmer, author of five books in the human consciousness sector, is a teacher of the Enneagram, intuition, and psychology.

Craig Parian is a certified practitioner of Evolving Shiatsu and teacher at the Ann Arbor Institute of Massage Therapy. His practice offers traditional Shiatsu, Zen Shiatsu, central channel clearing, structural alignment, Himalayan bowl healing, breathwork, diet and health counseling, and exercise.

Sifu Genie Parker has trained and taught Wu style Tai Chi Chuan for over 20 years.

Rev. James Parker is a licensed and ordained Unity minister, speaker, and educator of New Thought and spiritual principles concentrating on positive life-changing transformation. He is also an experienced counselor in nuclear family emotional systems.

Pat Perkins is one of the founders and instructors for the Learning Center of Astrological Studies, served 3 years as president of the MI Federation of Astrology, and worked 31 years with the State of MI, in personnel management.

Roberta Peterman is a writer, poet, artist, healer, and former SVP Media Director at a global ad agency, and is creator of Light Plus Wisdom Consulting.

Jan Phillips, a speaker and storyteller, has been around the world on a one-woman peace pilgrimage.

Terri Pickett is a Certified Birthing from Within Instructor.

Sally Pinchock is a student of metaphysics.

Janine Polley, RN, RYT, is a certified yoga instructor who combines her expertise with her background as a Registered Nurse.

Dosho Port began studying Zen in 1977, is a Soto Zen successor of Dainin Katagiri roshi, and currently teaches at Wild Fox Zen in White Bear Township, MN. He is also a half-time single parent of two teenagers and the program lead for adolescents with severe behavior problems.

Ellen Porter, M.Ac., L.Ac., Dipl. Ac. (NC-CAOM), is a nationally board certified Five Element Acupuncturist, educator, and NADA certified detoxification specialist. She has practiced auricular acupuncture for over six years.

Hans Posselt is an environmental scientist who met the founder of Siddha Yoga in 1974. Under his guidance, Hans became a devoted student of meditation practices and yoga philosophy.

Quest Martial Arts instructors help students learn in a safe environment while having fun, emphasizing the student's development through both physical skills and life skills.

Marc Rafferty is owner of Middle Bead in Chelsea and is an experienced beader.

Anuja Rajendra is an accomplished dancer, innovative choreographer, and magnetic motivational speaker.

Matthew Raphael learned intuitive bodywork from his father and, after studying many techniques, developed the art of Wazoga.

Jill Reed has a background in gymnastics and is a mother of two.

Patricia Rennie has ministered in the Archdiocese of Detroit for over 35 years and continues to serve as adjunct faculty at Sacred Heart Major Seminary. She has been a presenter for the Association of Theological Schools and holds a Masters degree in Divinity, a Masters degree in Theological Studies from St. John's Provincial Seminary, and is a trained spiritual director.

Anne Rice addresses holistic care methods for common pet ailments.

Gelek Rimpoche is the Founder and Spiritual Director of Jewel Heart. Among the last generation of incarnate lamas tutored by the great masters in Old Tibet, Rimpoche's command of western culture allows him to convey the Tibetan Buddhist tradition with wisdom, kindness, and wit.

Libby Robinson, PhD, MSW, has been teaching MBSR since 2003 and has trained with John Kabat-Zinn's trainers at Univ. MA Center for Mindfulness. She has been practicing mindfulness meditation since 1979.

The Rudolf Steiner Health Center is a 501 (c)(3) non-profit organization located in Ann Arbor.

The Rudolf Steiner School of Ann Arbor offers pre-K through 12th grade education in the Waldorf tradition. RSSAA strives to educate the whole child, integrates the arts and academics, and awakens a lifelong love of learning through creative play and a developmentally appropriate approach to education.

Teachers, Lecturers, Workshop Leaders and the Centers

Sally Rutzky holds an Introductory yoga certificate and has taught for 27 years.

Sue Salaniuk holds a Junior Intermediate III yoga certificate and has taught for 21 years.

Nance Scott is an ACE certified personal trainer and lifestyle and weight management consultant. She is also a yoga instructor and Pilates mat trainer.

Self Realization Meditation Healing Centre, founded by Mata Yogananda Mahasaya Dharma, is a 501(c)(3) Nonprofit near Lansing. Its aim is to support those struggling or suffering in life on any level, and to assist those who seek inner knowledge and personal growth in the pursuit of peace, health, and happiness.

Judy Shepard is certified in hypnotherapy, EFT, and Reiki, and is a student of meditation. She is president of the new Brighton Healing Arts Center.

Ivan Sherick, PhD, is a Clinical Psychoanalyst certified in adult, adolescent, and child analysis.

Vijayalaxmi Shinde is a scholar of both Eastern and Western traditions in palmistry. She is available for readings and guidance relating to birth traits, aptitudes, career, relationships, business, wealth, and well-being, as well as all other aspects of life.

SMART is Southeast Michigan Astrologers' Round Table, a chapter of National Council for Geocosmic Research. This group of astrology students and professionals have been meeting since 1994, and use their association for networking, engaging speakers, and discussing matters of concern and interest to astrologers.

Lynette Smith began studying yoga in 1978 and started teaching in 1985. Her continual studies in the spiritual focus, along with the therapeutic aspects of yoga practice, inform and enliven her teaching style. She offers gentle yoga at The Wellness Community, emphasizing our ability to listen to our bodies and to have fun in the experience of learning new ways to stretch and strengthen ourselves.

Prema Lindsay Smith, RN, BSN, is the proprietor of Inner Balance Therapy for the past five years, faculty member of AAIMT, and teacher for 11 years. She has been in private practice for over 30 years specializing in craniofacial therapy, massage, and bodywork, and was formerly a triage nurse in internal medicine and primary nurse in adult rehabilitation for 16 years.

Richard Smoot has been a professional astrologer since 1971. He is Operations Manager for the International Society for Astrological Research, publisher of the ISAR International Astrologer, and co-chair of ISAR's Consulting Skills Program, and is a former social worker.

Jessica Snyder and **Tara McKnight** are massage therapists at RelaxStation with a specialty in reflexology.

Society for Creative Anachronism is an international not-for-profit organization dedicated to researching and re-creating the arts and skills of pre-17th century Europe. Members, dressed in clothing of the Middle Ages and Renaissance, attend events featuring tournaments, royal courts, feasts, dancing, and various classes and workshops.

Ema Stefanova, owner of Ann Arbor Yoga and Meditation, is a yoga and meditation master, accomplished yoga therapist, and trainer since 1979. She guides and inspires in all aspects of holistic, therapeutic, and spiritual yoga and runs in-depth 100-500 hour studies and continuing education programs for yoga teachers/therapists.

Gari Stein is an active member of the early childhood community. Degreed in Child Development and Dance, she has been an educator for 40 years and a music specialist and speaker for 20 years.

Elaine Stenger, PhD, is a speaker, professor, and author. She worked for over 25 years with colleges, corporations, hospitals, community groups, high schools, and women's organizations in the areas of communication, leadership development, and self-empowerment.

Nicole Teufel is a 200 hour RYT in Hatha Yoga and a student of Anusara Yoga.

Stephanie Tighe is a shamanic practitioner and has taught shamanism for over 15 years with a shamanic healing practice for almost 20 years. She has studied with many indigenous shamans and has worked with Foundation for Shamanic Studies.

Leonardo Stoute "Bapak Waleed" has dedicated over 30 years

to the study, sharing, and promotion of the traditional arts of the Minangkabau people of West Sumatra.

Haju Sunim is resident priest at the Zen Buddhist Temple in Ann Arbor.

Janene Ternes is a spiritual director and founder of Prayer in Motion, LLC, teaching holistic forms of prayer to all ages.

Stephanie Tighe, MSW, is a shamanic practitioner practicing many forms of cultural shamanism and graduate of Foundation for Shamanic Studies.

Mary Tillinghast has received extensive hands-on training while working with Dr. Lev Linkner in his medical practice. She has managed Castle Remedies for over 25 years and is the mother of four grown children raised on homeopathy.

Judy Trautman is a certified leader of the Dances of Universal Peace. She is joined by Drake Meadow and Paul Ali Meyer, supervised leaders and musicians.

Nancy Udow holds an Introductory yoga certificate and has taught for 13 years, and has a background in dance.

Karen Ufer is a certified Iyengar yoga teacher with 30 years practice and 20 years teaching, and is owner of Yoga Focus in Ann Arbor.

Lucia Viers has studied Rosen Method Bodywork for three years and is currently an intern in the Rosen Method Open School.

Violeta Viviano is a teacher in John Friendlander's system, working with him for over 20 years, and has a Bachelor's of Science from Wayne State Univ.

Cam Vozar, LMSW, is a psychotherapist in private practice who has worked with men and their families for over 20 years. He has led and participated in numerous men's groups and is a Level II EMDR certified therapist.

Kate Walsh is Associate Director of Tri-State Coalition on Responsible Investment. Prior to her tenure at Tri-CRI, she managed a Franciscan Food Pantry in Syracuse, NY.

Mother Clare Watts is an ordained priest and minister teacher as well as the co-director of the Order of Christ/Sophia, a Christian Mystery order with centers across the country.

Jo Ann Weber, CMSW, is a certified social worker, Enneagram teacher, and co-founder of the Michigan Enneagram Center.

The Wellness Community in Ann Arbor aims to help people with cancer and their loved ones enhance their health and well-being through participation in professional programs of emotional support, education, and hope.

Irv Wells, CHT, is a Certified Hypnotherapist and member of the International Medical and Dental Hypnotherapy Association who combines esoteric healing with hypnosis in his practice.

Christia West is a graduate of AAIMT and has been an instructor since completing the teaching program. She has been practicing massage therapy since 1999 and is nationally certified through NCBTMB.

Suzy Wienckowski, Reiki Master, Registered Massage Therapist, has 30 years experience in the healing arts. Reiki has been the focus of her work since 1993. She teaches the traditional Usui System of Reiki Healing and is a member of The Reiki Alliance.

Joshua Wilde has been a longtime student of tarot and has been giving readings professionally for over a decade. He is a student of transpersonal psychology, Jungian analysis, astrology, and palmistry. He is also an accomplished juggler and magician.

Debra Williams is a nationally certified massage therapist, Reiki practitioner, advanced PSYCH-K facilitator, and writer.

Eve Wilson has been a full time healer and trainer of healers since 1986. She is director of The Healer Development Program since 1986 and is a naturally gifted intuitive healer, able to perceive the body's aura clearly, interpret information it holds about a person's life and health, and to work with beings of unconditional love to resolve issues on all levels.

Marvin Wilson has been a hippie rock and roll musician, Zen student, carpenter, construction company owner, network marketer, public speaker, and motivational coach, and is currently an author.

Ryan Wilson is Headmaster at White Crane Michigan.

David Winfree is an author and facilitator of spiritual growth groups, and has a teaching ministry through Interfaith Center.

Chris Wucherer, a life coach, business coach, and psychotherapist, has 28 years experience helping people create saner lives.

Mark Wunderlich's first collection, *The Anchorage*, won the Lambda Literary Award.

Gail Wyckhouse, CNHP, is a Reiki practitioner, Certified Natural Health Professional, and health coach.

Yoga Focus celebrates 16 years in Ann Arbor and offers instruction from experienced, certified Iyengar teachers.

Yoga Serves is a group of local yoga teachers and practitioners who know that yoga serves on many levels, creating community through the fun of serving others together.

Monica Youn's second collection *Ignatz*, a series of poems loosely based on the mouse character from the *Krazy Kat* comic strip, was a finalist for the National Book Award in 2010.

Wasantha Young, a practitioner since 1968, is a master and scholar in the art of Tai Chi Chuan and Chi Kung, has received formal instruction in Taoist and Buddhist meditation, achieved certification in Acupressure, has obtained a Masters degree in Transpersonal Studies, and has a certificate as a Wellness Counselor in Mind/Body Consciousness.

Christy Zarek is a graduate of AAIMT and has practiced massage for over five years. She has had training in the art of stone therapy in LaStone method and is nationally certified through NCBTMB.

Karla Zarley, RN, CHTP, has 30 years experience in preventative and holistic nursing care and is a Certified Healing Touch Practitioner. She has been in private practice for 13 years in the Ann Arbor area as a professional healer and educator, providing spiritual direction, energy work, and colored light therapy.

Zen Buddhist Temple of Ann Arbor is led by resident priest Ven. Haju Sunim. Its yoga instructors were trained by the Sivananda Yoga Organization and combine that experience with meditation training.

Magdalena Zenaida found inspiration in her canine companion for a massage business.

If you would like to hold an event, teach a class,

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